

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
PROGRAMME REPORT : 2020-21

Date	Programme	Resource Person
02/11/2021	Shramadhana and Cleanliness Drive	—

BRIEF REPORT:

Shramadhana and Cleanliness Drive was conducted on 02nd November 2021 from college campus to Sangam bus stop under the Banner of NSS.

The N.S.S. volunteers of the college actively participated in the Shramadhana and Cleanliness Drive. Prof. K. Umesh Shetty, Principal of the college, Mr. Chethan Kumar Shetty, Vice Principal, Mr. Praveen Mogaveera, NSS Programme Officer, Mrs Reshma Shetty, Joint co-ordinator of NSS Unit, Mr. Nagaraj Weikambli, Mr. Sudhakar Parampalli, Mr. Sukuman Shetty were present in the Programme.

Principal
Principal

Dr. B. B. Hegde First Grade College
Kundapura - 576201

FACULTY COORDINATOR

Enc: Notice/Invitation/Agenda/Attendance/Feedback/Photos/News Paper cuttings etc.



J.P.



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Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

PROGRAMME REPORT : 2020-21

Date	Programme	Resource Person
04-03-2021	Awareness Programme on Menstrual Hygiene and Sanitary Napkin Distribution	President & Members Indian Red Cross Society, Kundapura

BRIEF REPORT:

Women empowerment cell, youth Red Cross unit and Indian red Cross society jointly organised an Awareness programme on Menstrual Hygiene and sanitary Napkin distribution

S. Jayakar Shetty, chairman of Indian red Cross society addressed with the students with an noble intention of creating awareness about the availability of medicines at an economic price in Pradhan Manthri Janasudhhi Kendra.

Prof. K Umesh Shetty, Principal presided the programme, Shivram Shetty, Treasurer of IRC society, Ganesh Acharya Co-ordinator of IRC society, Dr Soni member of IRC society, Chethan Kumar Shetty, vice Principal, The Co-ordinators of women empowerment cell, Youth red Cross society were present.

FACULTY COORDINATOR

Nisha Shetty
Shwetha
Deekshitha

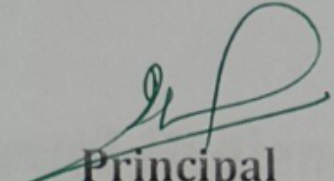
Principal

Encl: Notice/Invitation/Agenda/Attendance/Feedback/Photos/News Paper cuttings etc.
Dr. B.B. Hegde First C...
Kundapura -5,

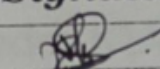


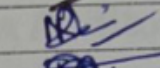
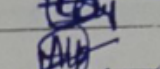
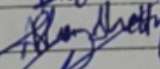
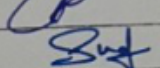
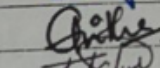
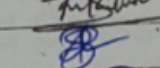
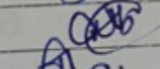
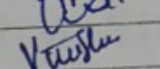
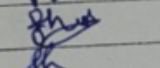
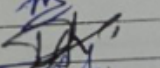
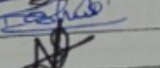
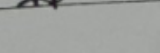

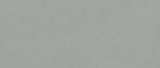


Dr. B.B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA.

Notice Dt. 04/03/2021

All the female students are required to assemble in the auditorium today, at 02:00 pm.


Principal

Principal
Dr. B.B. Hegde First Grade College
Kundapura -576201

Class & Section	Room No.	Signature
I B.Com. 'A'	001	
I B.Com. 'B'	002	
I B.Com. 'C'	003	
I B.Com. 'D'	006	
II B.Com. 'A'	101	
II B.Com. 'B'	106	
II B.Com. 'C'	107	
III B.Com. 'A'	102	
III B.Com. 'B'	103	
III B.Com. 'C'	104	
III B.Com. 'D'	105	
I B.B.A.	109	
II B.B.A.	110	
III B.B.A.	108	
I B.C.A.	201	
II B.C.A.	202	
I B.Sc.	005	
II B.Sc.	LIB.	
III B.Sc.	204	
Hindi	Hall(left)	
Sanskrit	Hall(Right)	



Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

[A Unit of Coondapur Education Society (R.), Kundapura]

**Women Empowerment Cell &
Youth Red Cross Unit
jointly organise**

Awareness Programme on Menstrual Hygiene and Sanitary Napkin Distribution (A Programme under IQAC)

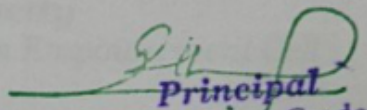
**Date: 04-03-2021 Time: 2.15 p.m.
Venue: Mookambika Auditorium**

President: Prof. K. Umesh Shetty
Principal

Presence: President & Members
Indian Red Cross Society
Kundapura

Mr. Chethan Shetty
Vice Principal

All are cordially invited


Principal
Dr. B.B. Hegde First Grade College
Kundapura -576201

Mrs. Nisha Shetty
Mrs. Shwetha
Ms. Deekshitha U.G.
Co-ordinators
Women Empowerment Cell

Mr. Yogeesh
Ms. Sowmya
Co-ordinators
Youth Red Cross Unit

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
[A Unit of Coondapur Education Society (R.), Kundapura]

**Indian Red Cross Society, Kundapura
Women Empowerment Cell &
Youth Red Cross Unit
jointly organise**

**“Awareness Programme on Menstrual Hygiene
and Sanitary Napkin Distribution”**

(A Programme under IQAC)

Date : 04/03/2021

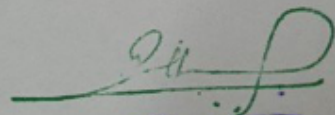
Time : 2.15 p.m.

Venue: Mookambika Auditorium

----- **PROGRAMME AGENDA** -----

- President** : **Prof. K. Umesh Shetty**
Principal
- Presence** : **President & Members**
Indian Red Cross Society, Kundapura
- Mr. Chethan Shetty**
Vice Principal
- Ms. Deekshitha U. G.**
Co-ordinator, Women Empowerment Cell
- Mr. Yogeesh**
Ms. Sowmya
Co-ordinators, Youth Red Cross Unit
- Vote of Thanks** : **Ms. Shwetha U. Shetty**
Co-ordinator, Women Empowerment Cell
- Master of Ceremony** : **Mrs. Nisha Shetty**
Co-ordinator, Women Empowerment Cell

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Principal
Dr. B. B. Hegde First Grade College
Kundapura - 576201



[Signature]
Principal
Dr. B.B. Hegde First Grade College
Kundapur - 576201

ಉಚಿತ ನ್ಯಾವ್‌ಕಿನ್ ವಿತರಣೆ



ಕುಂದಾಪುರ, ಮಾ. 14: ಇಲ್ಲಿನ ಡಾ| ಬಿ. ಬಿ. ಹೆಗ್ಡೆ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜಿನ ಯುವ ರೆಡ್‌ಕ್ರಾಸ್ ಘಟಕ, ಮಹಿಳಾ ಘಟಕ ಹಾಗೂ ಭಾರತೀಯ ರೆಡ್‌ಕ್ರಾಸ್ ಸಂಸ್ಥೆ ಕುಂದಾಪುರ ಘಟಕದ ಜಂಟಿ ಆಶ್ರಯದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿನಿಯರಿಗೆ ಉಚಿತ ನ್ಯಾವ್‌ಕಿನ್ ವಿತರಣೆ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.

ಭಾರತೀಯ ರೆಡ್‌ಕ್ರಾಸ್ ಕುಂದಾಪುರ ಘಟಕದ ಚೇರ್ಮನ್ ಎಸ್. ಜಯಕರ ಶೆಟ್ಟಿ ಪ್ರಧಾನ ಮಂತ್ರಿ ಭಾರತೀಯ ಜನೋಪಧ ಕೇಂದ್ರದಲ್ಲಿ ಅತ್ಯಂತ ಕಡಿಮೆ ದರದಲ್ಲಿ ಅತ್ಯುತ್ತಮ ಗುಣಮಟ್ಟದ ನ್ಯಾವ್‌ಕಿನ್‌ಗಳು ಲಭ್ಯವಿದ್ದು ಕಾಲೇಜು ವಿದ್ಯಾರ್ಥಿನಿಯರ ಆರೋಗ್ಯದ ಹಿತದೃಷ್ಟಿಯಿಂದ ಭಾರತೀಯ ರೆಡ್‌ಕ್ರಾಸ್ ಸಂಸ್ಥೆಯು ಉಚಿತವಾಗಿ ನೀಡುವ

ಗುರಿಯನ್ನು ಹೊಂದಿದೆ ಎಂದರು.

ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲ ವೈ. ಕೆ. ಉಮೇಶ್ ಶೆಟ್ಟಿ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದರು.


ಭಾರತೀಯ ರೆಡ್‌ಕ್ರಾಸ್ ಕುಂದಾಪುರದ ಖಜಾಂಚಿ ಶಿವರಾಮ್ ಶೆಟ್ಟಿ ಜನೋಪಧ ಕೇಂದ್ರದ ಉಸ್ತುವಾರಿ ಗಣೇಶ್ ಆಚಾರ್ಯ, ಸದಸ್ಯ ಡಾ| ಸೋನಿ ಡೆ'ಕೋಸ್ಟಾ ಉಪಪ್ರಾಂಶುಪಾಲ ಚೇತನ್ ಶೆಟ್ಟಿ ಕೋವಾಡಿ, ಯುವ ರೆಡ್‌ಕ್ರಾಸ್ ಘಟಕದ ಸಂಯೋಜಕರಾದ ಯೋಗೀಶ್ ಶ್ಯಾನುಭೋಗ್, ಸೌಮ್ಯಾ ಎನ್. ಕುಂದರ್, ಮಹಿಳಾ ಘಟಕದ ಸಹ ಸಂಯೋಜಕಿ ದೀಕ್ಷಿತಾ ಯು.ಜಿ., ವಿದ್ಯಾರ್ಥಿನಿ ಪ್ರತಿನಿಧಿ ಪೂರ್ಣಿಮಾ ಉಪಸ್ಥಿತರಿದ್ದರು. ಮಹಿಳಾ ಘಟಕದ ಸಂಯೋಜಕಿ ಶ್ವೇತಾ ಯು. ವಂದಿಸಿ, ನಿಶಾ ಶೆಟ್ಟಿ ನಿರೂಪಿಸಿದರು.

02/11/2021

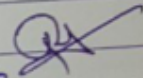
Shramadhana

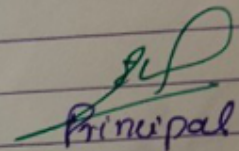
Shramadhana and Cleanliness Drive was conducted on 2nd November 2021 from college campus to Sangam bus stop under the banner of NSS unit of the college.

The NSS Volunteers of the college actively participated in the Shramadhana and Cleanliness Drive. Prof. K. Umesh Shetty Principal of the college, Mr. Chethan Kuman Shetty, Vice Principal, Mr. Praveen Mogaveera NSS Programme Officer, Mrs. Reshona Shetty Asst NSS Programme Officer, Mr. Naganag Neikambli, Mr. Sudehkan Panampalli, Mr. Sudekuman Shetty Kamalashile were present in the programme.


NSS Programme Officer

N. S. S. PROGRAMME OFFICER
Dr. B. B. Hegde First Grade College,
KUNDAPURA


Asst Programme Officer


Principal

Principal
Dr. B. B. Hegde First Grade Col
Kundapura -576201



PROGRAMME OFFICER
of First Grade College,
MINDAPURA

Dr. B.R.

Date: 8/12/21

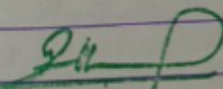
nature of program: discussion on conservation of soil

Brief report: we held a detailed discussion on soil conservation on 8/12/21 in Room no.

Soil conservation is a combination of practices used to protect the soil degradation. First and foremost, soil conservation involves treating the soil as a living ecosystem, and recognizing that all the organisms that make the soil their home, play important roles in producing a fertile healthy environment.

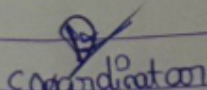
The Good Reason to practice soil conservation:

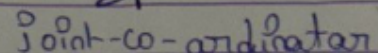
- * To maintain an adequate amount of organic matter and biological life in the soil.
- * To ensure a secure food supply at reasonable price
- * Countries where this
- * To save farmer's money
- * To improve water quality
- * To improve wildlife habitat
- * For aesthetic reason
- * To help create an environment free of pollutants where we can live safely

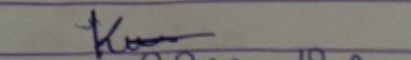


Principal

Dr. B.B. Hegde First Grade College
Kundapura - 576204


coordinator


joint-coordinator


student joint coordinator

Date: 12/1/2021

nature of discussion: Rain water Harvesting

Brief Report: we held detailed discussion on Rain water harvesting on 12/1/2021 in Room no:

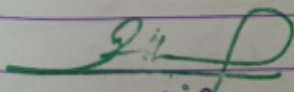
As the world faces an increasingly critical need to address climate change, the impact that water conservation has on a sustainable environment is undeniable. Ground water is the primary source of freshwater that caters to the demand of ever growing domestic, agricultural and industrial sectors of the country.


Advantage of implementing Rain-water harvesting:

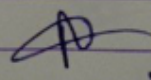
- 1] Reduced water bills
- 2] Ecological Benefit
- 3] Reduces erosion & flood around buildings
- 4] An adequate means for Irrigation purpose
- 5] Reduces demand on Ground water

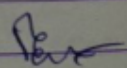
Three are two major techniques of Rainwater harvesting

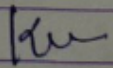
- 1] Surface runoff harvesting
- 2] Ground water recharge


Principal
Dr. B.B. Hegde First Grade College
Kundapura-576201


Co-ordinator


Joint-co-ordinator


Student Co-ordinator


Student Joint Co-ordinator

Date: 2/2/2021

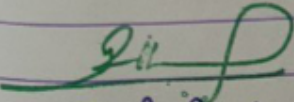
nature of Discussion: Discussion about Herbal garden

Brief Report: we held detailed discussion on Herbal gardening on 2/2/2021 in Room no:

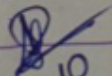
An herb garden is often a dedicated space in a garden, devoted to growing a specific group of plants called herbs or medicinal plants. They can just be dedicated patches where such herbs grow randomly or they may also be carefully designed

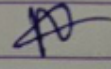
Seven tips for growing herbs:

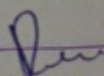
- 1] Provide at least 6 Hours of Sun
- 2] Plant in well-draining soil
- 3] Fertilize Lightly
- 4] Plant similar Herbs together
- 5] Know your Basil varieties
- 6] separate quick spreading Herbs
- 7] Plant your cool season Herbs at the Right time

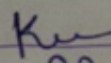

Principal

Dr. B.B. Hegde First Grade College,
Kundapura - 576201


Co-ordinator


Joint-co-ordinator


Student co-ordinator


Student Joint-coordinator

Date: 16/02/2021

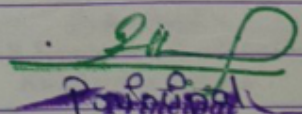
nature of Discussion: Discussion on nature & culture


Brief Report: we held detailed discussion on nature & culture on 16/02/2021 in Room no:

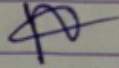
nature provides the setting in which culture processes, activities & belief system develop, all of which feed back to shape biodiversity. There are four key bridges linking nature with culture

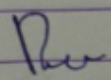
- 1] beliefs & worldviews
- 2] Rituals and Practices
- 3] Knowledge bases
- 4] norms & institutions

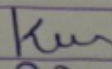
The important value of nature & culture for today's generation is it underpins our economy, our society indeed our very existence. Our forests, rivers, oceans and soils provide us with the food we eat, the air we breathe, the water we irrigate our crops with. we also rely on them for numerous other goods & services we depend on for our health, happiness & prosperity


Principal
Dr. B.B. Hegde First Grade College
Kundapura -576201


Coordinator


Joint Coordinator


Student Coordinator


Student Joint Coordinator

Date: 8/06/22

nature of discussion: create awareness about optimum use of electricity

Brief Report: we held detailed discussion on creating awareness about optimum use of electricity.

The following austerity moves to save electricity:

1] Do not switch on lights during daylight hours unless absolutely necessary

2] Move curtains away from the windows to let in natural light.

3] Just get used to working in optimum lighting conditions.

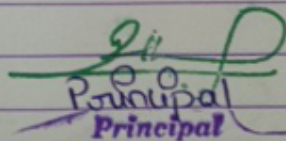
4] Switch off lights/fans/ACs which are not necessary.

5] Switch off computers when not in use.

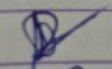
6] Do not put ACs at too cold settings

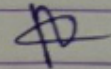
7] Use low energy electric bulbs

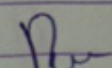
8] Do not use electric heaters/ovens use gas ovens/cookers

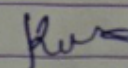

Principal

Dr. B.B. Hegde First Grade College,
Kundapura - 576201


Coordinator


Joint Coordinator


Student Coordinator


Joint Student Coordinator

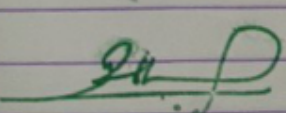
Date: 28/06/22

nature of discussion: making paper bags to discourage use of plastic bags


Brief Report: we held a detailed discussion making paper bags to discourage use of plastic bags on 28/06/22 on Rom no:

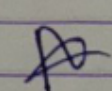
Plastic bags cause natural harm, for example, expanding the dimension of air contamination, plastic bags not just affect our common natural surroundings, the passing of numerous creatures. Plastic bags are not sustainable & you need UV beams to annihilate it, which is destructive to nature.


The paper bags are Recyclable & Reusable & also they are Eco friendly & also they are durable & comfortable.

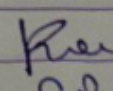

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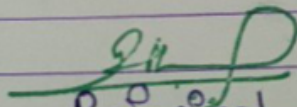
Date: 13/07/22

nature of discussion: Environmental organization


we held a brief discussion on what do environmental organization do on 13/07/22
in Room no:


An environmental organization is an organization coming out of the conservation or environmental movements that seeks to protect, analyse or monitor the environment against misuse or degradation from human forces.

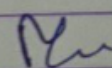
In this sense the environment may refer to the biophysical environment or the natural environment.

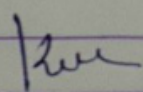

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Joint co-ordinator


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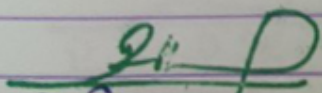
Date: 16/07/22

nature of discussion: Role of eco-club in colleges

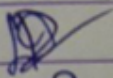
Brief Report: we held a brief discussion about Role of eco-club in college on 16/07/22 in Room no: ~~101~~

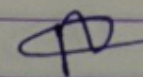
The main aim of establishing the eco club was to conserve the natural resources and the natural environment to create eco friendly environment and create awareness of biodiversity conservation and local environmental issues among children and to create a clean & green consciousness among students through various innovative methods.

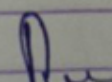
Eco club plays an important role in creating environmental awareness amongst the future generation. The main motive of the Eco club is to nature & teach the importance of environment to students.

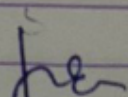

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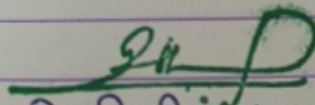

Joint Student Coordinator

Date: 20/07/22


nature of discussion: Discussion on world water day and world Forest Day

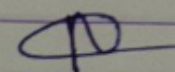
Brief Report: we conducted a discussion on world water day and world Forest day on 20/07/22 in Room no:

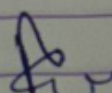
The world water day & the world Forest day celebrated on 27th march & 23rd march respectively mean while we conducted a brief discussion on forest & water. water is an important element which 65% of human body consist of water 70% of human brain 83% of blood & 90% of lungs consist of water. Hence we conducted a discussion on the importance of water as well as forest resources.

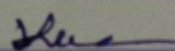

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Coordinator


Point coordinator


Student coordinator


Student point coordinator